



CALIFORNIA CONFERENCE FOR EQUALITY AND JUSTICE

Conscious Classrooms

California Academy of Mathematics and Sciences

Stronger Together: ISMs, Allyship & Community Care



Overview

CCEJ's Conscious Classrooms (CC) builds middle and high school students' awareness, knowledge and skills to promote respect and advocate for social justice. California Academy of Mathematics and Sciences (CAMS) implemented CC with 156 tenth and eleventh grade students in April 2022. These survey results and quotes highlight the impact of the program on CAMS students.

"The next time I see one of the "ISMs" happening that discriminates, I will be more prepared on how to deal with it."

Student demographics

Gender



- Female
- Male
- Non-binary

Race



- Multiracial
- White
- Asian
- Black
- Latinx
- Pacific Islander

Language spoken at home



- English
- English and other language
- Other Language

"It made me dive deeper into my feelings than typical school experiences. It makes me feel ready to learn and help."



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Head

Almost 95% of responding students agree that Conscious Classrooms helped them understand what systems of oppression (ISMs) are, and how they are in different levels of society.

“This experience talked about a lot of topics that many people in school don't talk about so it made me more aware.”

“If you don't know where to start, here is a program to teach basics.”

Heart

Almost 92% of respondents agreed that Conscious Classrooms helped them listen to others express their thoughts and feelings.

“They helped me learn different points of views and ways I can help society.”

Hand

91% of responding students agreed that Conscious Classrooms helped them learn healthy ways to build community with different people in their lives.

Conclusion

Conscious Classrooms was a positive experience for most students. Many students described CC as “informative,” “eye-opening,” and shared in their open responses that CC was a learning experience. Students commended CCEJ staff for their ability to teach new concepts to people who have never learned this information before. Some students also highlighted that this experience was less stressful than school because there were no pressure of grades and that helped students feel comfortable to express their thoughts and opinions. Many students shared that CC provided a safe space to explore their emotions and to share and gain knowledge.

“I enjoy learning from this program. I feel properly educated and I would love to see more of this in the future.”