



Conscious Classrooms

Animo Jackie Robinson Charter High School

Leading with our Hearts - Empathy for Self & Others



Overview

CCEJ’s Conscious Classrooms (CC) builds middle and high school students’ awareness, knowledge and skills to promote respect and advocate for social justice. Animo Jackie Robinson Charter High School implemented CC with fifteen 9th-11th grade students in April-May 2022. These survey results and quotes highlight the impact of the program on Animo Jackie Robinson Charter High School students.

"It is a class that all students need. It'll help students express themselves more, get new ideas, and learn about new things."

Student demographics

Gender Identity



- Female
- Male

Racial Identity



- Latinx
- Black
- Multiracial

Language spoken at home



- English and other language
- Other Language
- English

"Connecting with others opens doors to better leaders. Sharing helps others feel safe. Conscious Classrooms has helped me remember what type of leader I can be and how to become one."



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Head

100% of respondents agree that Conscious Classrooms taught them about stereotypes, prejudice, and discrimination in society as well as what their communication style is.

"I will use what I learned in Conscious Classrooms by using it to make people feel like they belong."

"I will continue to advocate for others and create change starting at AJR for a better high school experience."

Heart

94% of student respondents agree that CC helped them feel proud of their multiple identities and experiences as well as taught them how to listen to others express their thoughts and feelings.

Hand

100% of student respondents agree that CC taught them how to make a positive social change at school.

"It made me feel safe to express how I feel. It also made me feel like I can be who I am."

Conclusion

Conscious Classrooms was overwhelmingly a positive experience for most students. Some students described CC as a place where you can learn about identities and empathy. One student even described it as a "great motivation to be who we are." Many students plan to use what CC taught them to support and help each other to create a better high school experience. Students shared that CC helped them feel comfortable enough to get out of their comfort zone and talk more than they normally do in a typical school environment. Some students explained that CC taught them how to communicate with others while feeling welcomed and supported. For many students, the experience felt more personal and like a safe environment for their emotions to be felt and knowledge to be shared and gained.

"It was different because we got to learn more about ourselves, and got to learn more about others and their social identities."