



Conscious Classrooms

Northrup Elementary School

From Bystander to Ally - Empathy for Others



Overview

CCEJ’s Conscious Classrooms (CC) builds middle and high school students’ awareness, knowledge and skills to promote respect and advocate for social justice. Northrup Elementary School implemented CC with 44 seventh grade students in April 2023. These survey results and quotes highlight the impact of the program on Northrup Elementary School students.

“This experience discussed topics my typical school experience may not have brought up.”

Student demographics

Gender Identity



Racial Identity



Language spoken at home



- Female
- Male
- Non-binary
- Latinx
- Black
- Asian
- White
- Multiracial
- English and other language
- English
- Other Language

“It was great and understanding, and it was good to know I wasn't alone”



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Head

93% of responding students agree that Conscious Classrooms taught them about identities different to their own.

"This was the first time I had [learned] about this. It was interesting and it helped me learn about my peers."

"You are able to express your feelings ."

Heart

88% of respondents agreed that Conscious Classrooms taught them to feel proud of their multiple identities and experiences.

Hand

93% of responding students agreed that Conscious Classrooms taught them healthy ways to communicate with different people in their lives.

"It is a great way to help with what you feel and how to deal with different situations."

Conclusion

Conscious Classrooms was a positive experience for most students. Some students described CC as a place where you can learn about identities and empathy. Students shared that they plan to use what CC taught them to prevent problems at school and to support and help students who experience bullying. Students highlighted the differences between CC and their typical middle school environment, such as how they were able to express their feelings and discuss topics not usually discussed in a classroom setting. Many of the students appreciated the opportunity to have a discussion around identity with fellow students through games and activities. Overall, a majority of students enjoyed Conscious Classrooms and the opportunity to share their ideas through facilitated discussions and activities.

"This experience was helpful for people that don't know this information and further educates people that already have background knowledge."